

## **CPC Driver Training – Driver First Aid (Classroom Training 7 Hours) 6:1**

### **Course Aims and Objectives**

#### **Aims:**

To empower you with the confidence and practical skills needed to administer first aid in emergency situations while using the road.

#### **Objectives:**

- Defining the role of a first aider
- First assessment of an emergency situation and managing casualties on the public road environment
- Safe dealing with unresponsive casualty
- Importance of communication and safer moving and handling
- Asthma
- Casualty care
- Recovery position
- Bleeding (minor and severe)
- Burns and Scalds
- Bone, muscle and joint injuries
- Chest pains
- Fainting
- Choking
- Recovery position
- Resuscitation for Adult CPR
- Shock
- Spinal injuries