

CPC Driver Training – Advanced and Defensive Driver Skills (Classroom and Practical On Road Training 7 Hours)

Course Aims and Objectives

Aims:

To highlight and discuss the risks associated with on-road driving. Develop strategies to proactively avoid potential collisions, reduce costs including wear & tear and fuel.

Objectives – to discuss, understand and develop strategies to manage:

- Efficient FLOWER vehicle checks including tyre technology
- Reflecting on driving strategy, philosophy, mindset, beliefs and attitudes
- Defensive driving strategies; understanding common collisions
- Planning for other road users to make mistakes, accepting them and avoiding conflict and contact with them.
- Taking responsibility, reflecting on your driving behaviours and considering the consequences
- Creating escape routes and the benefits of quality space management both moving and stationary
- Applying IPSGA – Information, Positioning, Speed, Gear and Acceleration
- Managing skid risks and developing smoothness
- Developing advanced observation and anticipation skills
- Focusing on fuel saving techniques (Fuelsave Training)

With an option to conduct ongoing monthly on-line E Learners.

These items focus on sections 1.1, 1.2, 1.3, 3.1, 3.4 3.6 of the DVSA’s Driver Certificate of Professional Competence (CPC) syllabus:

1.1 To know the characteristics of the transmission system in order to make the best possible use of it

1.2 To know the technical characteristics and operation of the safety controls in order to control the vehicle, minimise wear and tear and prevent disfunctioning

1.3 Ability to optimise fuel consumption

3.1 To make drivers aware of the risks of the road and of accidents at work

3.4 Awareness of the importance of physical and mental ability

3.6 Ability to adopt behaviour to help enhance the image of the company



Approved Training Course

This is to certify that

NFE Group Training Centre

has been approved to deliver

**Driver Training Defensive Driver Skills
CRS13466/1928**

As

Driver CPC Periodic Training

Approval Period

14/02/2020 to 13/02/2021

Course Duration

7,0 hours



Gareth Llewellyn