

CPC Driver Training – Advanced and Defensive Driver Skills (Classroom and Practical On Road Training 7 Hours)

Course Aims and Objectives

Aims:

To highlight and discuss the risks associated with on-road driving. Develop strategies to proactively avoid potential collisions, reduce costs including wear & tear and fuel.

Objectives – to discuss, understand and develop strategies to manage:

- Efficient FLOWER vehicle checks including tyre technology
- Reflecting on driving strategy, philosophy, mindset, beliefs and attitudes
- Defensive driving strategies; understanding common collisions
- Planning for other road users to make mistakes, accepting them and avoiding conflict and contact with them.
- Taking responsibility, reflecting on your driving behaviours and considering the consequences
- Creating escape routes and the benefits of quality space management both moving and stationary
- Applying IPSGA – Information, Positioning, Speed, Gear and Acceleration
- Managing skid risks and developing smoothness
- Developing advanced observation and anticipation skills
- Focusing on fuel saving techniques (Fuelsave Training)

With an option to conduct ongoing monthly E Learner.