

CPC Driver Training – Driver Essentials (Classroom Training 7 Hours) 6:1 Course Aims and Objectives

Aims:

To develop, reflect and enhance existing driving skills, behaviour and attitudes. Develop safer and more resilient approaches towards safe road use. Including vehicle checking, sharing the road health and wellbeing, incident causation, speed use and skid risks.

Objectives:

- Basic health and wellbeing – why we do things we do as humans/road-users
- Sharing the road and safer attitudes
- Common incidents, their causes and prevention (defensive techniques)
- The role speed plays on the road
- Skid causation and prevention, modern technology in skid prevention
- Advanced and defensive driving techniques
- Time to reflect on attitudes and beliefs
- Promoting safer road use
- Optimising fuel use and reducing wear & tear

These items focus on sections 3.5 of the DVSA's Driver Certificate of Professional Competence (CPC) syllabus:

1.2 To know the technical characteristics and operation of the safety controls in order to control the vehicle, minimise wear and tear and prevent disfunctioning

1.3 Ability to optimise fuel consumption

3.1 To make drivers aware of the risks of the road and of accidents at work

3.3 Ability to prevent physical risks

3.4 Awareness of the importance of physical and mental ability

3.6 Ability to adopt behaviour to enhance the image of the company



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Approved Training Course

This is to certify that

NFE Group Training Centre

has been approved to deliver

**Driver Essentials
CRS13641/1928**

As

Driver CPC Periodic Training

Approval Period

04/04/2020 to 03/04/2021

Course Duration

7,0 hours

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